

INTRA -Innovative Technologies of Responsible Automation
2022-1-EN02-KA220-ADU-000085744

Report on the 3rd Pilot phase in Italy

INTRA e-learning platform – session 3

Partner: Problem Solver (Italy)

Training period: July-October 2025

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Introduction

Between July and October 2025, the third and final phase of experimentation of the INTRA e-learning platform took place in Italy, in its improved version based on the feedback collected in the previous phases. The objective of this last test was to verify:

overall maintenance of the model (contents, structure, quizzes);

level of satisfaction and perceived usefulness;

any improvements to be made before the final closure.

The path, as in previous experiments, is divided into three modules:

- Stress and emotion management;
- Personal development and motivation;
- Time management.

Each module includes textual content, operational ideas/exercises and a final quiz.

Procedure and target group

The training took place in asynchronous mode, with individual access to the platform.

58 people participated: 30 men and 28 women, with an average age of 45, residing in Rome. The group also included some professionals already competent on the topics covered (trainers/consultants, educational or HR figures, professionals in the helping relationship).

Data collection took place through:

- tracking on the platform for monitoring the completion of the course and the collection of quiz results (progress, completions and performance);
- qualitative observations collected at the end of the course.

Quantitative results

The experimentation went very well: the model was found to be working, stable and appreciated.

100% of the participants completed the course, both viewing modules and final quizzes. Some participants repeated the quiz twice to improve their score. All the results were satisfactory and the quizzes passed, without any critical issues expressed or evident.

Technical aspects

- No blocking criticalities reported.
- The fruition was fluid and consistent with expectations.

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Interview results and qualitative feedback

Qualitative interviews were administered during a brief voluntary feedback meeting. The discussion was positive and spontaneous. Here is a summary of the points touched:

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1. Course contents

The contents were perceived as clear, practical and “centered” on real needs. Even the most experienced participants recognized the solidity of the system, while highlighting that some parts are deliberately introductory.

“It’s done well: you go straight to the point and don’t get lost in useless theory.”

“I already knew some things, but I liked how they are organized: it is a review that puts things back in order”.

“I found small ideas that you can really try in the day”.

2. Language and tone

The tone has been described as simple and respectful, with communication accessible even to those unfamiliar with online training.

“It flows, it’s not heavy. This helps to finish him off”.

“I would have added a few more examples on specific work contexts, but this is good for everyone”.

3. Utility and transferability

The perceived value was above all in the immediate transferability: short techniques, guided reflections and organizational tools.

“The time management part is the one I take home: concrete”.

“On stress it helped me to recognize some automatisms, even if I thought I ‘knew a lot’”.

“I liked that he doesn’t promise you miracles: he gives you tools, then it’s up to you.”

4. User experiences

The overall experience was judged positive and linear. The fact that everyone has completed the course has been read as a sign of good usability and attention retention.

“You understand what to do and where to click”.

“Quizzes are right to be there: they close the module and make you understand if you have taken the key points.”

5. Strengths

- Mature and coherent model, perceived as “finished” and solid
- Clarity of content and ease of use
- Modular structure that promotes continuity
- Quizzes that are useful for summarizing and consolidating.

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- Good balance between simplicity and practical utility, appreciated even by experienced participants.

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6. Remarks

The observations collected were marginal and above all oriented towards “enriching” rather than correcting:

- include, where possible, some extra practical cases for specific professional contexts (for those who are already experienced),
- Add an optional “Insights” section for advanced users.

None of these notes affected the overall positive assessment.

Conclusion

The third trial (July-October 2025) confirms that the INTRA platform is effective, usable and appreciated. The total completion figure (58/58), including quizzes (all passed, with some attempts repeated voluntarily), indicates a good combination of:

- interest,
- clarity,
- absence of technical barriers,
- and a perception of concrete utility.

The model works and is liked; The few observations that emerged are minimal and concern possible “nice to have” micro-improvements, not critical aspects.