

Report on the 2nd Pilot Phase in Romania

INTRA e-learning platform – session 2

Partner: Recdate (Romania)

Training period: March-May 2025

1

Table of Contents

Features of the INTRA platform	1
Objectives, targets and methodology of the pilot test	1
Training progress and quantitative results	2
Qualitative analysis.....	3
Strengths and areas for improvement	4
Conclusions and recommendations	5

Features of the INTRA platform

The INTRA platform supports the development of personal, social and digital skills in adults, through a flexible, accessible and interactive training proposal. The course is divided into three modules:

- Module 1: Stress and Emotional Management;
- Module 2: Personal Development and Motivation;
- Module 3: Time Management.

Each module includes theoretical content, practical exercises, assessment quizzes and tools for individual reflection. Users can customize the route, track their progress, and receive completion feedback. The intuitive interface makes access simple even for users with basic digital skills.

Objectives, targets and methodology of the pilot test

Objectives

The second experimentation session of the INTRA platform in Romania aimed to:

- confirm clarity and accessibility of the contents and teaching sequence;
- verify consistency of the quizzes with respect to the contents;
- monitor completion and performance through in-platform tracking;
- collect qualitative feedback to identify any improvements.

Target group

Phase 2 involved 20 participants from the Recdate network.

INTRA -Innovative Technologies of Responsible Automation
2022-1-EN02-KA220-ADU-000085744

The group was composed of men and women selected from professionals active in heterogeneous work fields (education, social, administration and self-employment) and different levels of familiarity with online learning. The sample included participants of different ages (from 29 to 55 years old) and with different levels of experience and training, in order to realistically represent the target of continuing education for adults. All participants completed the training course, demonstrating a high level of commitment and interest.

2

Methodology

Each participant received credentials via e-mail and had individual access to the three training modules, which they were able to complete independently, according to their own learning times and rhythms. At the end of each module, a final quiz was scheduled to verify learning, while at the end of the entire training course, individual qualitative interviews were conducted, using the specially prepared guide questionnaire.

Data collection took place through:

- in-platform tracking (progress, completions, attempts, and quiz results).
- Qualitative feedback collected by Recdate (informal comments and returns), with a focus on usability, perceived usefulness and suggestions.

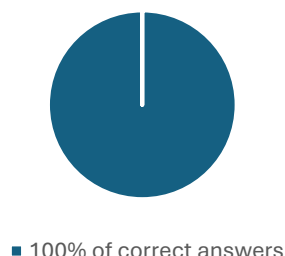
Training progress and quantitative results

The 20 participants completed the training, confirming a high degree of participation and involvement. Most participants completed the modules on a regular basis, with an average completion time per module of approximately 40 minutes. All users spread the learning over several short sessions.

A constant attendance rate was detected during the weeks of experimentation and no user encountered technical difficulties that compromised the course development.

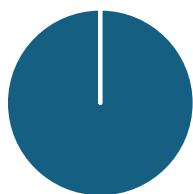
The results of the final quizzes, in Phase 2, show **maximum** and homogeneous **scores: 100% correct answers** for all participants.

Quiz 1 - Recdate Participants' Score



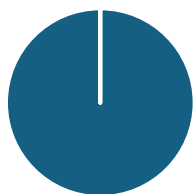
INTRA -Innovative Technologies of Responsible Automation
2022-1-EN02-KA220-ADU-000085744

Quiz 2 - Recdate Participants' Score



■ 100% of correct answers

Quiz 3 - Recdate Participants' Score



■ 100% of correct answers

3

These data confirm a complete and trouble-free use of the route, as well as full accessibility of the verification tests.

Qualitative analysis

At the end of the training, Recdate collected the impressions of the beneficiaries using the structured questionnaire provided by the INTRA project. The interview was divided into six thematic sections (general experience, quality of materials, platform functionality, impact on skills, suggestions, final evaluation) and made it possible to collect a wide range of impressions and comments from users. The responses collected were summarized and analyzed in a qualitative key, identifying the main recurring themes and the most relevant observations that emerged in the discussion with the participants. The overall sentiment is **positive**, with observations above all on practicality, clarity and ease of use.

1) General experience

Participants described the course as linear and "light" to complete, especially due to the modular structure and the possibility of studying in short sessions.

Recurring comments:

"It's intuitive: you always know what to do and where to go."

"It's practical and not lost in theory: suitable for those who have little time."

2) Quality of materials

**INTRA -Innovative Technologies of Responsible Automation**

2022-1-EN02-KA220-ADU-000085744

The materials were considered clear and consistent. The balance between explanations and small reflection exercises was appreciated. A note that emerged occasionally concerns the desire for more examples anchored in real work situations, especially by those who were already familiar with the topics.

"Clear and smooth; I would have added a couple of more 'work' cases."

"A final summary would help me to get back to the concepts in two minutes."

4

3) Platform functionality and usability

In line with high completion, the platform was rated as stable and easy to use. The requests were of the "non-urgent improvement" type, for example:

"More evident indications to pick up where it left off after a break".

"more comfortable reading from smartphones in longer sections".

"Optional reminders for those who dilute the path over several weeks". (not necessary, but useful)

4) Impact on skills

Even in a short course, several participants reported small concrete effects: increased awareness of their reactions to stress, improved prioritization and some adjustments in daily planning.

"He pointed out automatisms that I didn't see when I'm under pressure."

"The techniques on time are simple, but that's why I can use them."

Note related to quizzes: the uniformity of scores (100% for all) suggests quizzes that are very accessible and strongly aligned with the content. Some informal feedback indicates that the questions are "consistent with what you have just read", which is good for consolidation; If you wanted to further increase realism, you could introduce some questions of practical application while maintaining simplicity.

5) Suggestions and concluding remarks

Participants did not propose any further additions or adaptations.

Strengths and areas for improvement

Strengths

- Total completion and good maintenance of the route;
- Clear structure (modules + quizzes) and consistency of content;
- Simple, understandable and consistent assessment with objectives;
- No significant technical criticalities emerged during the implementation.

Ideas for future improvements

**INTRA -Innovative Technologies of Responsible Automation**

2022-1-EN02-KA220-ADU-000085744

- Inclusion of multimedia elements and elements such as infographics and checklists to diversify the experience;
- Introduce some scenario-based quiz items (optional) to increase applicability.

5

Conclusions and recommendations

The Phase 2 trial in Romania ended with a very positive outcome: all 20 participants completed the entire course and obtained maximum scores in the quizzes of the three modules.

The test confirms the robustness of the model and the usability of the platform. The observations collected indicate only possible micro-refinements aimed at making the experience even more "situational" and immediately transferable, without the need for structural changes.

Phase 3 of the model trial in Romania scheduled between July and October 2025.